



“I gotta be honest—I don’t want to get back to in-person meetings... I can be in a meeting in New York, and I’m in Philadelphia. It’s opened the world up to be in places I never would’ve been in, to meet people I would’ve never met.”
Frederick Shegog to the Christian Science Monitorⁱ

OPIOID EPIDEMIC PRACTICAL TOOLKIT

“Practical Toolkit: Helping Faith and Community Leaders Bring Hope and Healing to Our Communities”

In its 4th edition (and written pre-COVID-19), the Partnership Center toolkit suggests ways community organizations may act as both first responders and communities of support for people and families struggling with addiction.

<https://go.usa.gov/xn2t5>

E- RECOVERY SUPPORT COMMUNITIES AND PROGRAMS*

While not a comprehensive list of online recovery support communities and programs, we hope it will act as a starting point for communities seeking to refer individuals to recovery support during this challenging time.

Examples of Faith and Community-based Recovery Support Programs

- **Faces & Voices of Recovery’s Guide to Mutual Aid Resources:** A compendium of recovery support programs and communities – many of which now offer virtual meetings and resources. [Bit.ly/2tjCsy1](https://bit.ly/2tjCsy1)
- **Online Intergroup of Alcoholics Anonymous:** Hosts a directory of online meetings featuring 1,000+ online AA meetings worldwide, ranging from video or telephone conferences to email or chat groups in many languages, available 24/7. <https://aa-intergroup.org/>
- **12StepMe.org:** Chat/meeting group of Alcoholics Anonymous (AA). This website has no affiliation—implied or actual—to any organization, including AA – meetings are conducted by an AA group that is registered with the Online Intergroup of AA. <https://12stepme.org/>
- **Celebrate Recovery (CR):** A 12-step, Christian recovery program. Some CR groups are offering live online worship and encouragement, or temporary online CRCR Open Share Groups. Contact local CRs to find out what they are offering (or contact your area State Rep). CelebrateRecovery.com
- **SMART Recovery Online (SROL):** Online community where individuals with addiction, their family and friends, and other specialized audiences can interact with SMART (Self-Management And Recovery Training) volunteers and each other to aid in overcoming addiction. <http://www.smartrecovery.org/srol-2/>
- **In The Rooms (ITR) Online Communities and Meetings:** ITR is an online social network for recovery community. Its mantra is the acronym HITCH (Help, Inform, Touch, Connect, and Heal). <https://bit.ly/2lPozjs>

Examples of Mobile Recovery Communities

Consider sharing this list of mobile apps that nurture and sustain virtual recovery communities through 24 hour connections. Many of them are free and offer peer-coaching support (which may incur a fee). Examples include:

- **Sober Grid** www.sobergrid.com
- **R/Tribe** www.rtribe.org
- **WEconnect** www.weconnectrecovery.com
- **Nomo (It’s Time to say No More!)** <https://saynomo.com>

Examples of National Networks, Resources, and Referrals to Local Programs

- Jewish Addiction Awareness Network (JAAN) JAANetwork.org
- Young People in Recovery YoungPeopleInRecovery.org
- Association of Recovery in Higher Education CollegiateRecovery.org
- National Association for Christian Recovery (NACR) NACR.org
- Buddhist Recovery Network BuddhistRecovery.org
- Millati Islami Millatiislami.org
- The Calix Society CalixSociety.org
- Jewish Alcoholics, Chemically Dependent Persons, and Significant Others (JACS) <http://bit.ly/2oM89vo>

Examples of Ways to Connect Community Members to Treatment and Services:

- United Way's 211.org or [Drug Abuse.com](http://DrugAbuse.com) for local recovery programs or self-help support groups.
- Behavioral Health Treatment Services Locator from the Substance Abuse and Mental Health Services Administration (SAMHSA). FindTreatment.SAMHSA.Gov/Locator/Home
- SAMHSA's National Helpline: 800-487-4889(TTY); 24/7, free, confidential help (English/Spanish). SAMHSA.Gov/Find-Help/National-Helpline
- NIAAA Alcohol Treatment Navigator points the way to treatment options. AlcoholTreatment.NIAAA.NIH.gov
- CarePortal.org connects faith communities to local children and families in crisis.

** NOTE: References to private organizations, external websites or any specific commercial product, process, service, manufacturer or company does not constitute its endorsement or recommendation by HHS or the U.S. Government. HHS is not responsible for the contents of any "offsite" webpage referenced from this server.*

¹ Matusek, Sarah. *Addiction in the Time of COVID-10*, The Science Christian Monitor, Retrieved 11.17.2020
<https://www.csmonitor.com/USA/2020/0708/Addiction-hope-and-recovery-in-the-time-of-COVID-19>